



E

ALPENTHERME  
GASTEIN



BEAUTY RESIDENZ.



**La Vida**<sup>®</sup>  
Naturprodukte

HILDEGARD  
BRAUKMANN

Kräuter-Kosmetik

QSMEDICOSMETICS

PHYTOMER REVIDERM

The *Beauty Residenz* at the Alpentherme allows your beauty to radiate. To do so, our beauty experts use modern skincare methods and high-quality products. Such as "*Gastein Health & Beauty*" – an exclusive cosmetics line in which the hot springs and regional herbs from Gastein release almost magical powers.

**ALWAYS** HERE FOR YOU!



10 treatment rooms • Soft-pack bed (comfortably heated waterbed for body treatments) • Hamam bench • Caracalla tub for very special bath experiences • Facials and body treatments for her & him • Anti-aging treatments • Manicure and pedicure • Classical massages • Relaxation treatments

The various treatments and massages pamper body and soul. A visit to the **Beauty Residenz** makes your day at our spa resort complete. If you prefer not to visit the Alpentherme itself, you can access the **Beauty Residenz** through a separate entrance. Our cosmeticians are dedicated every single day to your personal beauty – even open on Sundays and public holidays!

**Our Opening Times:**

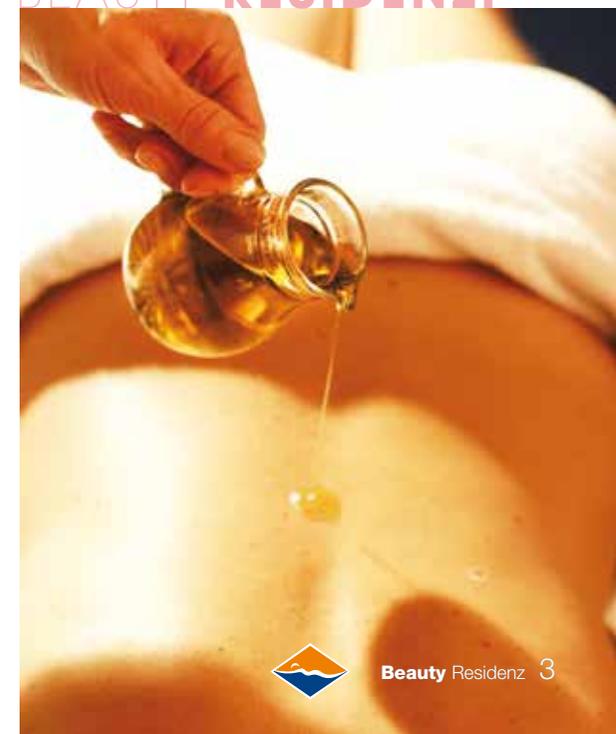
**Daily from 10.00 a.m. to 07.00 p.m.**

For appointments:  
call +43 (0)6432/8293-320  
[beauty@alpentherme.com](mailto:beauty@alpentherme.com)

We look forward to seeing you here!



BEAUTY RESIDENZ.



## BEAUTY RESIDENZ.

Gentle and regular skincare is decisive for healthy, attractive radiance. With especially soothing facial treatments that are attuned to your skin type, the Beauty Residenz is able to offer a pampering program that is quite extraordinary.

## GENTLE CARE. RADIANT SKIN.



## Everything for your beauty.

### WOMAN

**IQMS Champagne „effect“ treatment** (approx. 60 min.) **99.50**

**IQMS Classic treatment** (approx. 90 min.)  
Anti-aging treatment with fruit acids and natural collagen, produces an intense invigorating effect, refines and smoothes the skin. **138.50**

**IQMS Neo Tissudermie treatment** (approx. 90 min.)  
Luxury lift with fruit acids and collagen, foam mask energizes and moisturizes the skin. **150.00**

**Facial treatment** (approx. 60 min.)  
Cleansing, peeling, ampoule, depending on your type of skin extraction or facial massage, mask. **71.20**

**Special facial** (approx. 90 min.)  
Cleansing, peeling, extraction, ampoule, facial massage, mask, eyebrow shaping. **91.70**

**Reviderm Ultrasound treatment** (approx. 45 min.)  
High-frequency ultrasound technology visibly tones tissue and skin. A younger, fresher appearance with every treatment. **56.10**

**Reviderm Pure Moisture** (approx. 45 min.)  
Cleansing, peeling, Collagen mask for intensive moisturizing. "The white gold" to tone wrinkles caused by dryness. **56.10**

**Reviderm Manager treatment** (approx. 90 min.)  
Treatment for everyone wanting to experience intensive skincare in the shortest possible time. High-quality products in combination with Reviderm Hydrolage rejuvenate the skin and support stimulated cell activity. **127.50**

**Reviderm Microdermabrasion Super Peel** (approx. 60 min.)  
Dermo-cosmetic treatment with Reviderm Skin Peeler. Crystals remove cornified skin. Pores are refined, depth of wrinkles reduced, cellular renewal is stimulated, skin regenerates from the inside out. Blemishes are removed. **83.50**

**Our TIP in combination with your Reviderm Microdermabrasion Super Peel:**

**NEW Reviderm Moisture Beauty Break** (approx. 30 min.)  
Deep, intensive moisturization for smoother skin, peel, concentrate of active ingredients, mask, final skincare treatment. **45.00**

**NEW Reviderm Relax Beauty Break** (approx. 25 min.)  
Your skin is detoxified, rebalanced and relaxed. Deep cleansing, rebalancing hydro massage, final skincare treatment. **40.00**

### GENTLEMAN

**Classic facial** (approx. 60 min.)  
Cleansing-care treatment. **71,20**

**Deluxe facial** (approx. 75 min.)  
Cleansing and relaxing treatment. **83,50**

### YOUTHS (UP TO AGE 19)

**Classical** (approx. 60 min.)  
Cleansing-care treatment. **59.50**

### EXTRAS

**Eyelash dyeing** **15.00**

**Eyebrow dyeing** **10.00**

**Eyebrow shaping** from **6.00**

**Upper lip / chin waxing** from **9.00**

**Facial massage** **32.00**

**Collagen eye pads** **14.00**

**Smoothing eye treatment**  
For a radiant appearance. Refreshes & revitalizes the contours of your eyes, ensuring the total relaxation of the eye area (incl. a massage of the various zones around the eyes). **30.00**

**Special facial mask** from **15.00**

**Ultrasound** (10 min.) **20.00**

**Hydrolage (collagen mask)** **33.50**



## BEAUTY RESIDENZ.

Sensitive skin craves a gentle pampering. That's why our specialists at the Beauty Residenz are dedicated to providing you with customized care and high-quality products. Gentle treatments for the hands and feet, along with exclusive body care for every type guarantee your every wish will come true.

# YOUR WELLBEING IN THE BEST HANDS.



## Holistic pampering program.

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### FROM HEAD TO FOOT

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**Manicure** (approx. 30–40 min.) **29.50**

**Feel-good manicure** (approx. 45–60 min.)  
incl. peeling & pack, hand massage. **42.80**

**Pedicure with herbal bath** (approx. 30–45 min.) **38.00**

**Special-pedicure** (approx. 45–60 min.)  
For example: corns. **42.00**

**Feel-good pedicure** (approx. 45–60 min.)  
Aroma foot bath, peeling & pack, foot massage. **50.00**

**Nail polish application** from **9.00**

**French polish** **12.00**

**Shellac** **26.00**

**Body depilation**  
With hot wax, legs, bikini zone, armpits from **20.50**

**Electrolysis bath for the feet** (approx. 30 min.)  
For detoxification and purification of the body. **31.00**  
**10 baths** **260.00**

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### BODY TREATMENTS

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**Phytomer Algae & cellulite treatment** (approx. 45 min.)  
For tummy, legs & buttocks with patented self-heating thermal algae mud pack with slimming effect. **56.00**

**Phytomer MORPHO Designer** (approx. 60 min.)  
Slimming treatment for perfect body contours. Slim – toned – quality for the skin. After a smoothing peel, your dream silhouette is refined, toned and reshaped with a massage. Your skin looks perfect and radiant once more. **65.00**

**Aroma body wraps** (approx. 45 min.)  
Detoxification, cellulite or toning wraps with bandages. **42.50**

**Gastein salt/oil peeling** (approx. 15–20 min.)  
On the heated Hamam bench. **28.00**

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### BATHS IN THE CARACALLA TUB

Unique bathing experience in this therapeutic & relaxing massage-basin.

**Coconut oil bath**  
(approx. 20 min. + 10 min. rest period)  
Restorative bath with the seductive fragrance of coconut + **1 handmade bathing praline** for a coconut oil bath in your own home. **19.00**

**Gastein herbal aroma bath** with essential oils  
(approx. 20 min. + 10 min. rest period). **26.00**

**Beer draff skin care bath**  
(approx. 20 min. + 10 min. rest period)  
and a refreshing beer for free. **28.00**

**Phytomer Algae detox bath**  
(approx. 20 min. + 10 min. rest period)  
Promotes fat reduction, supports elimination of metabolic waste products from the body. **37.50**

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### SOFT-PACK

Waterbed at the perfect temperature for body treatments with active ingredients of your choice. Deep relaxation and optimum skin care.

**Cleopatra soft-pack** (approx. 30 min.)  
Moisturizing, replenishes the skin's lipids for a silky feeling. For dry, irritated skin. **33.00**

**Hay soft-pack** (approx. 30 min.)  
With the healing effects of hay, detoxifying and cleansing. **39.00**

**Peat soft-pack** (approx. 30 min.)  
Genuine organic peat from the region stimulates metabolism and circulation. **39.00**

**TIP! Ideal in combination with a massage.**

**Evening primrose soft-pack** (approx. 30 min.)  
Stimulates cellular activity, replenishes the skin's lipids, ideal for psoriasis and neurodermatitis. For irritated, sensitive skin. **39.00**

**Comfort Spa truffle oder crystal soft-pack**  
(approx. 30 min.)  
Luxury nutrition for your beauty. **39.00**

**Goat-butter soft-pack** (approx. 30 min.)  
Moisturizes, soothes the skin. **39.00**

**Algae soft-pack** (approx. 30 min.)  
Refines the skin, positive effect on muscles, cellular respiration and connective tissue. **41.00**



BEAUTY **RESIDENZ.**

Rich oils and the very best active ingredients straight from nature unite with skilled touch to create healing rituals. The ultimate in wellbeing requires the highest quality. Your energy begins to flow, a wonderful and deeply relaxing experience.

**MASSAGES** AND PURE RELAXATION.



## Body and mind in harmony.

### RELAXATION TREATMENTS

#### Hot stone

Warm lava stones provide a noticeable sense of wellbeing, harmony & great relaxation.

approx. 50 min. + 10 min. rest period (ladies only) **95.00**  
 approx. 25 min. + 5 min. rest period **48.00**

#### Hot chocolate (ladies only)

The most tender temptation for your skin.  
 (approx. 25 min. + 5 min. rest period)

**48.00**

**Hot chocolate for children** (approx. 20 min.)  
 ages 15 and under, incl. ice cream.

**31.50**

#### Pantai luar

Hot oil treatment with herbal and fruit stamps, flow along the meridians is stimulated.

approx. 50 min. + 10 min. rest period (ladies only) **95.00**  
 approx. 25 min. + 5 min. rest period **48.00**

### CLASSICAL MESSAGES

**Massage** (approx. 25 min.)

**32.10**

**Massage** (approx. 50 min.)

**58.50**

**Lymph vessels-partial massage**  
 (approx. 30 min.)

**43.40**

**Reflex zone massage** (approx. 20 min.)

**28.60**

**Package relaxation duo** (approx. 45 min.)  
 Massage & reflex zone foot massage.

**55.00**

Please come to the massages in dry clothing. Duration of massages includes time for changing and resting periods after relaxation treatments.

Pregnancy: We will be glad to consult with you about which treatments are appropriate for you during pregnancy.

Cancellations: Please notify us in time if you have to cancel a treatment. We ask for your understanding that if you do not show up for your appointment without prior cancellation, you will be charged for the treatment.



## BEAUTY RESIDENZ.

The Beauty Residenz offers guests complete individually tailored beauty packages. With carefully coordinated programs and refined treatments for enhanced wellbeing. A wonderful timeout, more reenergizing than you could ever imagine!

## BEAUTY PACKAGES.



## Total beauty.



### Gastein beauty treats for her & for him

(approx. 60 min.) Gastein salt/oil peeling or peat body treatment, herbal aroma bath, facial or back massage.

**+ 1 starter set of Gastein cosmetics worth 14,90 FREE 86.00**

### For the man under stress (approx. 130 min.)

Beer bath in the Caracalla tub, anti-stress facial treatment, pedicure with herbal foot bath. **121.00**

### Alpine glow (approx. 150 min.)

Gastein herbal aroma bath in the Caracalla tub, Cleopatra soft-pack, thermo lifting facial. **126.00**

### Mountain magic (approx. 180 min.)

Hay soft-pack, massage (approx. 50 min.), aroma wellness facial. **158.00**

### Beauty day

**Let yourself be pampered - for one full day!**

Gastein salt/oil body peeling, relaxing bath in the Caracalla tub, body pack in the soft-packbed, pedicure and manicure with nail polish application, massage, facial incl. neck and décolleté treatment, dyeing of eyelashes and eyebrows, make-up application.

**Incl. 4 hour admission to thermal centre & sauna, coffee & cake and 1 glass of Prosecco in the self-service restaurant. 280.00**

### NEW Detox balance (approx. 100 min.)

Remove metabolic waste and toxins from your body. You will immediately feel how much good this inner cleansing has done for you!

1x body detox – electrolytic footbath  
1x wrap on the soft-packbed  
1x foot reflexology massage  
**1x detox tea to drink FREE! 90.00**

### Body detoxification cure with algae

3 body treatments for detoxification, fat and girth reduction. **198.80**  
**+ Phytomer product for continued at-home care**

### Slenderizing wraps with bandages

5 slenderizing partial wraps + 1 **FREE 212.50**  
10 slenderizing partial wraps + 2 **FREE 425.00**

### Beauty for Two! (approx. 45 min.)

A wonderful pampering during pregnancy. A full-body pack moisturizes the skin and strengthens soft tissue. In addition, you are treated to a relaxing facial massage with massage candles: fragrant candles which, as they warm up, are transformed into a soothing massage oil. **54.00**

### Beauty for home

Every now and then, why not treat your skin to the luxury of exclusive cosmetics. The skincare products used by our experts can also be bought for your home skincare needs. We will be happy to send your customized products right to your front door.

### Gift tip

Surprise your loved-ones with beauty products or gift coupons for a very personal pampering program.



All prices are listed in EUR (including VAT) and valid from 1.12.2018 until 30.11.2019 or until revoked. Subject to changes, typographical and printer's errors excepted!



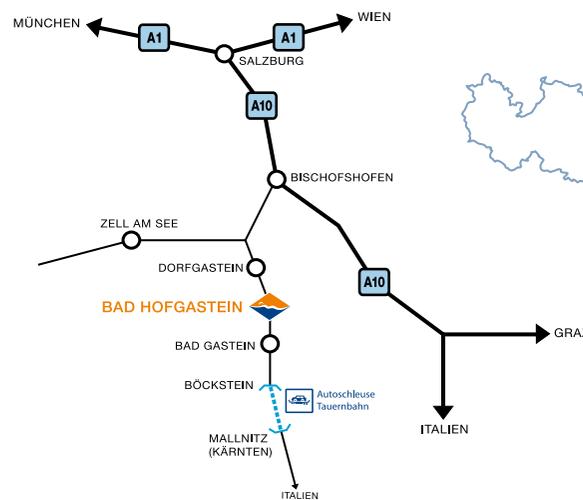


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Beauty Residenz open daily from 10.00 a.m.

**Gastein**



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